

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Gavin Twedde**

Has successfully participated & completed the  
**8km Shift Wellness - Trail Run, The Shift Series**  
held at Walter Sisulu Garden.

**TIME 01:19:29**

**PACE 09:55/km**  
**OVERALL 57 of 166**

**GENDER 39 of 78**  
**40 - 49 12 of 21**

23 June 2019, Sun

Date



*BoutTime*

Signature

